



## **Minutes of Patient Participation Group Meeting held on 8<sup>th</sup> October, 2018**

### **Agenda Item 1. Present**

Gordon Lovell (Chair), Christine Cartwright, Fay Read, Judith Westell, John Neale, Bruce Battams, Christine Page, Clive Robinson, Dallas Sherwood, Jan Lloyd, Toni Rampello, Jane Hanlon (Practice Manager), Dr Adam Staten (GP), Angela Lovell (PPG Secretary).

### **Agenda Item 2. Apologies**

Steve Bates, Mark Pitman, Nigel Vaughan, Sheila Dale, Peter Sadler, Mary Sadler and Jill Hussein.

### **Agenda Item 3: Minutes of the September 2018 PPG meeting**

The minutes were circulated prior to the meeting and it was agreed that they are an accurate record of the meeting. They will be included on the Surgery's web page.

### **Agenda Item 4: Matters arising**

- (a) Horticulture: Angela reported that some pansies and polyanthus have been planted in the raised flowerbeds. It was agreed that the two shrubs at the front of the building should be removed as they have had a problem over the past 2 years and despite being hard pruned it has continued. Angela asked for volunteer/s to remove them and Clive and Bruce offered to do this on 18<sup>th</sup> October. Once the soil is ready new planting will take place.
- (b) Future speakers: Jan gave us an update regarding future speakers she has arranged for our PPG meetings.

#### 2018

13<sup>th</sup> November - Professor Joe Harrison, Chief Executive, Milton Keynes University Hospital Trust.

#### 2019

14<sup>th</sup> January - Teresa Wood, Community Paediatric Matron  
12<sup>th</sup> February - (to be confirmed) Alzheimer's Society  
8<sup>th</sup> April - (to be confirmed) Refugees' Aid

**Agenda Item 5: This evening's speaker. Christine Straughan, MK Carers' Group**

Christine Straughan was thanked for coming to speak to our PPG. Christine is a support worker who works for the MK Carers' Group, an independent charity commissioned by MK Council. She informed us of the very valuable services offered to unpaid carers supporting both adults and children:-

Young carers MK aged 8 - 19: Help offered is –

- ❖ Specialist group work
- ❖ Targeted activities
- ❖ One to one support
- ❖ Someone to talk to who understands
- ❖ Information, advice and signposting
- ❖ The opportunity to meet other young carers
- ❖ School support

Young adult carers MK aged 16 – 25: Help offered is –

- ❖ Regular social events
- ❖ One to one support
- ❖ Life skills programme
- ❖ Emergency planning
- ❖ Information, advice and guidance
- ❖ Steering group
- ❖ Targeted group work
- ❖ Representation at meetings

Adults carers MK: Help offered is –

- ❖ Up to date information and advice about carers' issues
- ❖ Social events and training courses
- ❖ Emotional support, a 'listening ear' and counselling
- ❖ Support groups to enable you to meet other carers
- ❖ Relaxation therapies
- ❖ Guidance on health and social care issues
- ❖ Relaxation therapies
- ❖ Guidance on health and social care issues
- ❖ Opportunities to give your views and shape services
- ❖ Advocacy
- ❖ Skype sessions with a support worker (by appointment)
- ❖ A regular newsletter
- ❖ Support for young carers
- ❖ A carers discount card, which can be used across a range of local and national businesses in MK.

Contact details of the MK Carers' Group are:-

Address: Margaret Powell House, 439 Midsummer Boulevard,  
Central Milton Keynes, MK9 3BN

Phone – 01908 231703

**[www.carersmiltonkeynes.org](http://www.carersmiltonkeynes.org)**

Gordon thanked Christine for coming to talk to us and presented her with a small token of our appreciation.

### **Agenda Item 6: Newsletter**

We were updated regarding the newsletter progress.

- ❖ Toni informed us that the articles were sent to David Vaughan at the printers last Friday and we are expecting a proof shortly.
- ❖ A big thank you to Toni and Jane for all the work they have done getting the newsletter to this stage.
- ❖ Thank you to all contributors.

### **Agenda Item 7: Flu clinics**

- (a) Flu clinic raffle, Saturday 29<sup>th</sup> September. It was reported that the sale of raffle tickets amounted to £400. Clive and all who helped were thanked for their assistance - also those who contributed to the prizes and Angela and Gordon for sorting the prizes and preparing the hamper.
- (b) During the day approximately 30 patients expressed a wish to join the PPG and they will be contacted.
- (c) Flu clinic raffle to be held on Saturday, 3<sup>rd</sup> November. Toni reported that the rota for the sale of raffle tickets has been filled, although more people do make the job easier, so please contact her if you wish to help.

### **Agenda Item 8: Remembrance Sunday. The surgery and PPG's participation**

This was discussed.

- ❖ John (N) offered to make enquiries regarding the price of a wreath.
- ❖ It was agreed that the surgery and PPG should share the cost. This was proposed by Jan and seconded by Clive.
- ❖ It is hoped that some members of the Red House Surgery and PPG will take part. Mary and Peter mentioned that they will be there.
- ❖ The town council have arranged this and the march will start at Elizabeth Square and finish at the war memorial in Queensway.
- ❖ The Town Council want this to be an event to get the community together and are providing refreshments afterwards at the Masonic Hall. Please let them know if you will be attending.

### **Agenda Item 9: PPG Network Group meeting**

Gordon, Bruce and Steve attended the Healthwatch PPG Network meeting held on 19<sup>th</sup> September.

- ❖ During the meeting, it was requested that a representative from the GP Federation speak at the next meeting, also the lead Practice Manager and Chief Executive Officer from the CCG. It was agreed that this request would be put forward. Any questions for the above to be submitted by 9<sup>th</sup> November.
- ❖ The next meeting is scheduled for 12<sup>th</sup> December.

### **Agenda Item 10: Update from Surgery**

Jane reported that:-

- ❖ Self-care week is from 12<sup>th</sup> to 18<sup>th</sup> November. This relates to using a pharmacy where appropriate.
- ❖ Wednesday, 10<sup>th</sup> October is World Mental Health Day.
- ❖ Red House Surgery, Whaddon Medical Centre and Cobbs Garden Surgery have put in a bid for funding for a workforce pilot to include home visits. This is in progress.
- ❖ A Chinese delegation will be visiting the surgery on Thursday, 8<sup>th</sup> November to see how we support our patients, particularly the elderly. It is hoped that 2 PPG members will be present during this visit.
- ❖ Alterations to the secretaries' office are in progress which involve knocking the two offices into one.
- ❖ There is a premises meeting this week and there will be an update at the next PPG meeting.
- ❖ It was reported that 73% of 50 – 74 year old women took up breast screening invitations from Red House. Twenty-one people were diagnosed with breast cancer. Some under 50 year olds are being included in the screening as a trial. Women over 74 years can request to continue to be recalled for a mammogram.

### **Agenda Item 11: Any Other Business**

It was reported that Clive has done 2 litter picks on the surgery premises. Thanks were extended to Clive for doing this.

### **Agenda Item 12: Dates of next Core Group and PPG meetings**

Core Group meeting - Wednesday, 7<sup>th</sup> November, 2018 at 12.30 pm

PPG meeting - Tuesday, 13<sup>th</sup> November, 13<sup>th</sup> November at 6.15 pm