



## **Minutes of Patient Participation Group Meeting held on 7<sup>th</sup> August, 2018**

### **Agenda Item 1: Present**

Steve Bates (Chair), Christine Cartwright, Fay Read, Vanda Gould, Bob Gould, Bruce Battams, John Neale, Michael Whitehand, Gordon Lovell, Nigel Vaughan, Gillian Holloway, Clive Robinson, Gabi Leeson, Lee Gillam (Paramedic Practitioner), John West, Mark Pitman, Mary Sadler, Peter Sadler, Judith Westell, Jane Hanlon (Practice Manager), Dr Nigel Fagan (GP) and Angela Lovell (PPG Secretary).

### **Agenda Item 2: Apologies**

Jan Lloyd, Sheila Dale, Toni Rampello, Penny Liddiard, and Jill Hussein.

### **Agenda Item 3: Minutes of June and July 2018 PPG minutes.**

The June and July 2018 PPG minutes were circulated prior to the meeting and were adopted as an accurate record of the meetings. These will now be included on the surgery's web page.

#### **3a. Matters Arising –**

- ❖ Horticulture – We were asked if those able would water the plants in the raised flowerbeds and in front of the 2 shrubs. Angela thanked Bruce and Clive for their contribution to regularly watering the plants.
- ❖ Data Policy – Steve reported that the Data Protection Policy is complete as of today.
- ❖ Future Speakers – It was suggested that a speaker be invited to talk to us about being a Carer. We have had this subject before but it was decided that revisiting it would be worthwhile.

### **Agenda Item 4: Speaker – Lee Gillam, Surgery Paramedic**

Our planned speaker was unable to come and so we are grateful to Lee Gillam for bringing his talk forward from September or October.

Lee introduced himself to the PPG at our July meeting shortly after starting work at the surgery on a 3 months contract. Today he brought with him his paramedic bag and showed us and explained the contents and what some of them are used for. This

was very interesting. He also had with him his surgery bag. Lee has worked in many senior positions in the Ambulance Service including the Air Ambulance. He informed us that he has been in attendance as a paramedic at some very major incidences. It was quite clear that Lee has very much enjoyed his work and gets great satisfaction helping people.

#### **Agenda Item 5: Car Park Repairs**

A huge thank you was extended to Bruce, Clive and John (N) for the very effective repair work they have done in the surgery car park.

#### **Agenda Item 6: Finance Update**

Christine, our Treasurer, gave us a PPG financial update.

Expenditure in this financial year is:-

Cost of bench and fittings	-	£594.69
Less donation from Mrs Smith	-	£349.00
Balance		£245.69

Logo, banner, banner artwork and tablecloth	-	£360.00
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Total balance of bank and cash £1,674.42.

Steve thanked Christine for these figures.

#### **Agenda Item 7: Discussion about NHS Consultation Survey on Procedures of low or no clinical value. Document circulated.**

There was discussion regarding the 17 clinical interventions which the NHS are looking to reduce as they don't always work and can be ineffective. These are snoring surgery, dilation and curettage for heavy menstrual bleeding in women over 40, knee arthroscopy for patients with osteoarthritis, injections for low back pain if no sciatica, breast reduction, removal of benign skin lesions, grommets for glue ear in children, tonsillectomy for recurrent tonsillitis, haemorrhoid surgery, hysterectomy for heavy menstrual bleeding, chalazia removal, arthroscopic shoulder decompression for subacromial shoulder pain, carpal tunnel syndrome release, Dupuytren's contracture release, ganglion excision, trigger finger release and varicose vein surgery. At present doctors can prescribe these without any special approval. This is being driven by NHS England but local CCG's make the local decisions. Dr Fagan commented on the value of several of the procedures but didn't think there should be a blanket ban.

Bruce asked if there is more we can do to encourage weight loss and stop smoking and we were told that Becky is running a healthy living group but the number attending has reduced. Sometimes being overweight will reduce the likelihood of having certain procedures/operations.

### **Agenda Item 8: Update from Surgery**

Dr Fagan and Jane informed us that:-

- ❖ Frida, diabetic nurse, has returned to work at the surgery, initially for limited hours but permanent, regular hours from October. We were all delighted she is coming back.
- ❖ Julie Petzing, Diabetic Nurse has moved on to a teaching position.
- ❖ The new GP trainee, Dr Thiyagi Goonewardene has arrived at the surgery and at present is being inducted and is getting to know the staff.
- ❖ A Beat the Heat poster has been received. The British Lung Foundation's website has good advice.
- ❖ The singing group is going well with approximately 25 attending on Wednesday evenings. Jane mentioned that more patients are invited to join. Steve and Anne run the singing group, Steve playing guitar and now Peter, one of our singers, is joining in playing his guitar for some songs. Each week Ian plays his shuttle bagpipes and selects a song for us to sing and produces the words with appropriate illustrations. Attending the singing group is enjoyable and an opportunity to meet other people.
- ❖ Bruce enquired whether the practice is considering applying for the Carers Award and Jane confirmed that the practice has been working on this for a couple of years. 2% of the practice population need to be registered as a carer and the surgery is still low on numbers. It was noted that it is sometimes difficult to get people to acknowledge that they are a carer. MK Carers were present during the PPG awareness week and often attend the flu clinics. It was felt that a visitor from Carers MK may be of interest to the PPG. Jane will pass contact details to Jan.
- ❖ We were informed that the surgery is hoping to hold two Saturday flu clinics, one in September and another in October. The surgery is waiting to know the delivery date/s for the vaccine and then the flu clinics will be scheduled. The over 65's will have a different vaccine this year.

### **Agenda Item 9: Webinar organized by the NHS Primary Care Digital Transformation team on 29<sup>th</sup> August at 10 am.**

Steve informed us about this and asked those interested in taking part to register. He will send the link to anyone interested. This is aimed at PPG members.

### **Agenda Item 10: Any Other Business**

Healthy Living Course: John (N), said he has been attending a (pilot) healthy living course held at the surgery which is being run by Becky (Practice Nurse) and Adam Mole from Why Weight. There is a weekly weigh-in and John mentioned how pleased he is that he has lost a considerable amount of weight. The course started with 15 – 18 members but only 4 attended the last meeting. John (N) mentioned that he has ideas to make it different. Thanks were extended to John for this information.

Clive has supported both the singing and healthy living group, helping the practice move around the furniture and providing refreshments and Clive was thanked for this by Jane.

**Agenda Item 11: Dates of next meetings**

Core Group Meeting - Wednesday, 5<sup>th</sup> September at 12.30 pm

PPG Meeting - Wednesday, 12<sup>th</sup> September at 6.15 pm