

CarersMK

Are you a Carer?

Are you looking after someone who cannot manage without you because they are ill, frail, disabled or have a mental health condition?



Caring for a family member, neighbour, friend of any age

Caring round-the-clock or a few hours a week

Caring in your home or miles away

Juggling your caring role with work, family, your own health issues

If this describes you, we would like to support you. There is no charge for our service.

Tel: (01908) 231703

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Website: www.carersmiltonkeynes.org

Registered Charity No. 1116804

