

## MINUTES OF MEETING HELD 11th March 2024

## 1. ATTENDANCE

**Apologies**: Bruce Battams, Jacqui Coleman, Shona Manson, John Neale, Bob and Vanda Gould, Sandra Whitefoot, Sheila Dale, Jan Lloyd Clive Robinson

Madeleine Carrington has tendered her resignation from the PPG as she has now moved away from the area.

**Present:** Mark Pitman, Sarah Setterfield, Liz Mold, Mary Tait, Steve Bates (Chair), Gordon and Angela Lovell, Christine Cartright, Judith Westell, Jane Hanlon, Dr Fagan, Dr Marchand, Elspeth Woods

2. Speaker: Fay Grech-Marguerat, Macmillan Wellbeing Clinical Nurse
Specialist/Professional Nurse Advocate at the Irene Crosswell Macmillan Wellbeing
Lounge @ Cancer Centre, Milton Keynes University Hospital NHS Foundation
Trust

Fay gave a most informative and inspiring talk on her work at the cancer centre. There were many questions, graciously and sensitively answered. This small clinical specialist team, funded by Macmillan is supported by 17 volunteers. They have a very large workload and their services are highly valued but not everyone knows about them. Fay left a range of leaflets and pamphlets and discussed how information is communicated and acknowledges it needs to get better, to make sure it gets to the people who need these services most.

Fay made us aware of several support groups/networks and campaigns, including "Look Good Feel Better" an international charity who provide a bag of make up for patients and workshops on how to apply. Men too have separate support in this topic.

Cancer Care choir for anyone who is or has been affected by cancer – this is recognised as providing wellbeing away from clinical treatment. There is also a Health and Wellbeing support group.

There are different formats for all Macmillan information leaflets, with easily accessible information using pictures where possible to explain key points and concepts.

There are plans to start a bereavement service in the near future. The idea of the (Advanced Care Plan) "purple book" was raised as a way to record your own plans for end-of-life care and beyond. Jane had some available for people to take away should they want.

Steve thanked Fay for what was a thoughtful presentation and obtained a promise to return to us in the future.



3.	Minutes for February 2024 meeting approved.				
4.	GP Update: Jane Hanlon & Dr Fagan				
	No changes to the staffing situation in the surgery. Dr Fagan brought us up to date with views on proposed changes to the GP contract.				
	The phone system is in and working well, staff like it and feedback generally has been good and especially that the callers can be identified by the system on the soft call function. Discussion regarding the call-back option took place. There have been comments about the music not being to everyone's liking and the surgery are aware and are looking at alternatives.				
	Jane confirmed that funding has been obtained for Chair Exercise group – more information will be made available shortly and will be advertised across the various platforms at the practice. This group is funded by the Bletchley Pathfinder and so will be open to all patients registered at a Bletchley practice.				
5.	A.O.B	ACTIONS			
	<ul> <li>a. There is a session on What is Primary Care, details have been circulated, there is also an online version. Steve will be attending and will report back at the next meeting.</li> <li>b. Sub-Group to consider future activities mentioned again, Steve intends to arrange a date.</li> <li>c. Newsletter on track for going to print after Easter. Anyone who is interested in helping in the future please let Secretary know.</li> <li>d. Thanks to Sarah for posters for the Singing Club – to be re-branded as Bletchley Harmony Hub</li> <li>e. Thanks to all those who help to maintain the borders which are looking very springlike at the moment.</li> </ul>	To be discussed at AGM – structure of committees			
	Next full PPG meeting – Monday 8 <sup>th</sup> April 24 @ 6.15pm for 6.30pm start				

Elspeth Woods Secretary to Red House PPG

## Future PPG Dates for 2024 (2<sup>nd</sup> Monday of each month)

8 <sup>th</sup> January, 2024	12 <sup>th</sup> February	11 <sup>th</sup> March	8 <sup>th</sup> April
13 <sup>th</sup> May	10 <sup>th</sup> June	8 <sup>th</sup> July	12 <sup>th</sup> August
9 <sup>th</sup> September	14 <sup>th</sup> October	11 <sup>th</sup> November	9 <sup>th</sup> December